



Reading This Week:

29/3/20 - The man who tried to get away from God - Jonah 1:1-2:10

God had a job for Jonah to do, but Jonah didn't want to do it ...

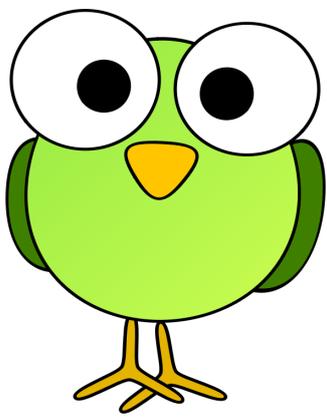
1 One day the LORD told Jonah 2 to go to the great city of Nineveh and say to the people, "The LORD has seen your terrible sins. You are doomed!" 3 Instead, Jonah ran away from the LORD. He bought a ticket on a ship that was going to Spain. Then he got on the ship and sailed away to escape.

4 But the LORD made a strong wind blow, and such a bad storm came up that the ship was about to be broken to pieces. 5 The sailors were frightened, and they all started praying to their gods. They even threw the ship's cargo overboard to make the ship lighter. All this time, Jonah was down below deck, sound asleep. 6 The ship's captain went to him and said, "How can you sleep at a time like this? Get up and pray to your God! Maybe he will have pity on us and keep us from drowning."

7 Finally, the sailors got together and said, "Let's ask our gods to show us who caused all this trouble." It turned out to be Jonah. 8 They started asking him, "Are you the one who brought all this trouble on us? What business are you in? Where do you come from? What is your country? Who are your people?" 9 Jonah answered, "I'm Jewish and I worship the LORD God of heaven, who made the sea and the dry land." 10 When the sailors heard this, they were frightened, because Jonah had already told them he was running from the LORD. Then they said, "Do you know what you have done?"

11 The storm kept getting worse, until finally the sailors asked him, "What should we do with you to make the sea calm down?" 12 Jonah told them, "Throw me into the sea, and it will calm down. I'm the cause of this terrible storm." 13 The sailors tried their best to row to the shore. But they could not do it, and the storm kept getting worse every minute. 15 So they threw Jonah overboard, and the sea calmed down. 16 The sailors were so terrified that they offered a sacrifice to the LORD and made all kinds of promises.

17 The LORD sent a big fish to swallow Jonah, and Jonah was inside the fish for three days and three nights. 2 1 From inside the fish, Jonah prayed to the LORD his God: 10 The LORD commanded the fish to vomit up Jonah on the shore. And it did!



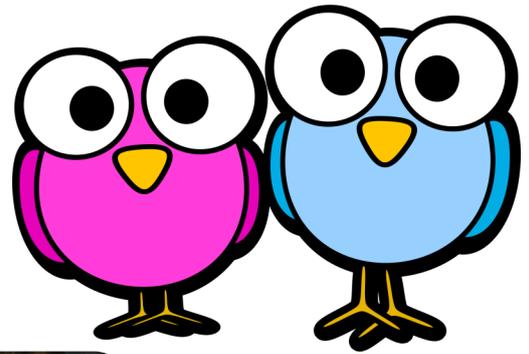
Watch

Watch the story of Jonah and the Big Fish on YouTube, there are lots of good videos of this story. We like this one: Heroes of the Bible, Joannah and the Big Fish ([youtube.com/watch?v=WOSadLyqshg](https://www.youtube.com/watch?v=WOSadLyqshg))

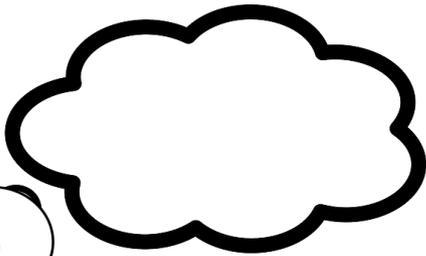
Create

Big Fish: Draw a big fish on some card board (make sure it's mouth is open!) and cut it out. Cut the fish in half and separately stick it onto a clothes peg! This way your fish can open its mouth really wide!

Use a paper circle or plate to make a fish, you could even draw Jonah in the tummy!



Reflect



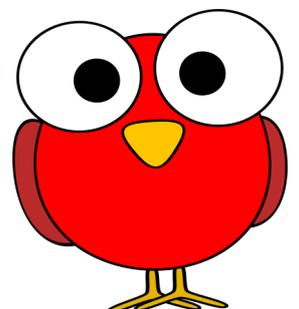
Jonah was asked by God to a job for him. Jonah thought that this job was too big and scary for him to do. That's why Jonah ran away from God and ended up being swallowed by the big fish. But God was able to save Jonah in the fish and he would look after him no matter what.

Lets remember that sometimes things we have to do or are going through seem really scary. But God loves us as much as he loves Jonah and will look after us just as well. We might not ever be swallowed by a big fish! But God will always be with us— even when we are scared.

Pray

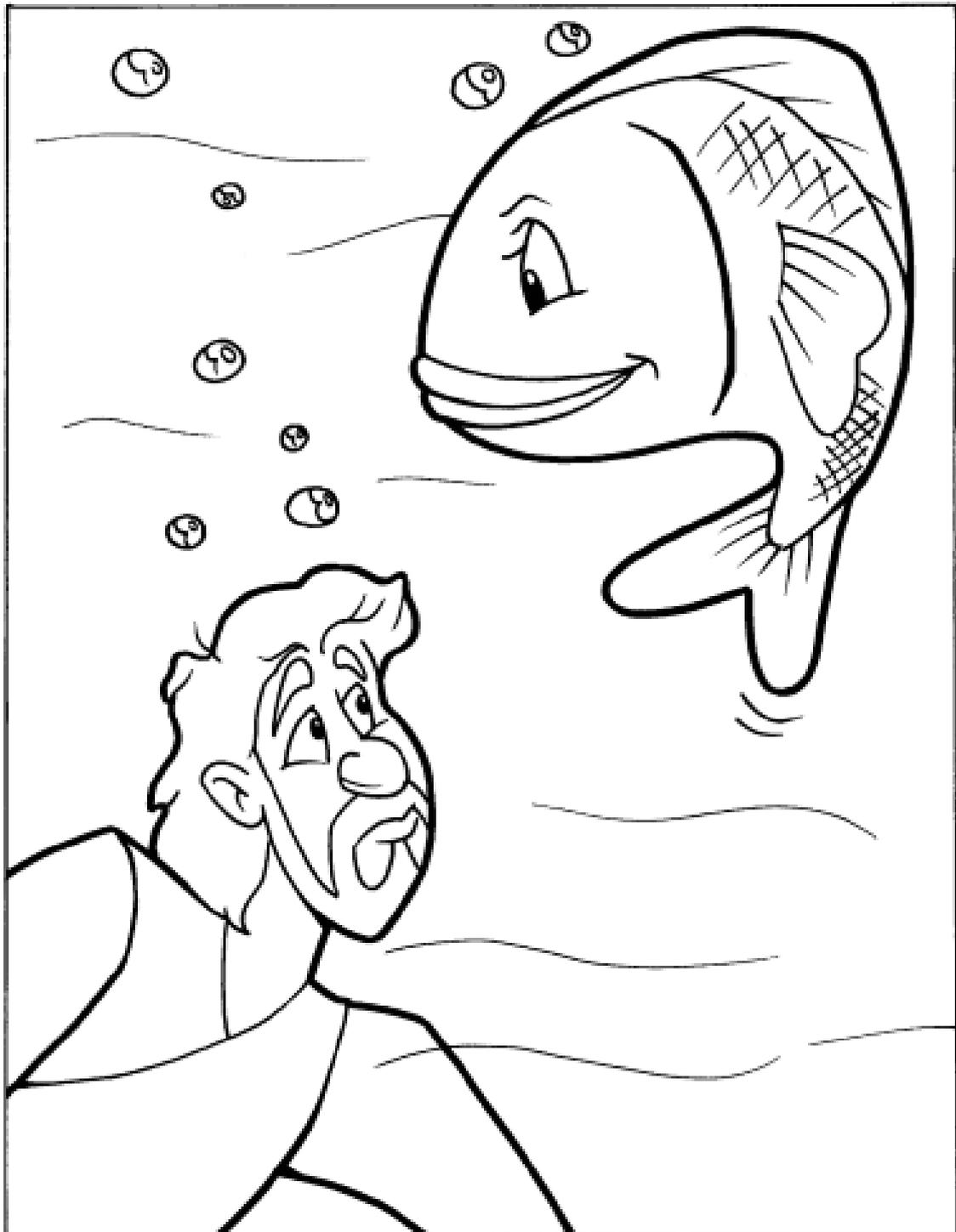
Loving God,
Thank you for the story of Jonah and the Big Fish.
Help us to always remember that you love us and are with us, even when we are scared.

Please would you be with all those people who are afraid and help them to feel calm and peaceful. Amen.



Colour:

JONAH AND THE GREAT FISH (JONAH 1:1-3:3)



"Now the LORD had prepared a great fish to swallow up Jonah. And Jonah was in the belly of the fish three days and three nights."

JONAH 1 : 17

Complete:



Jonah Runs from God

The Lord gave this message to Jonah son of Amittai: "Get up and go to the great city of Nineveh. Announce my judgment against it because I have seen how wicked its people are." Jonah 1:1

The Puzzle is based on Jonah 1:1 through 3:3.

T Y I S N I N E V E H S N I Y
Y X Y L Z K H T H R E E U E R
L A M O Q I H V I S O K G Z F
D C S N N S R S W A L L O W O
H A A Y I I Z U O I P C N Y N
E J I F P W O B E Y L C C R K
X P L O P D C C S Z T V A X L
S S O V N J D T H C N T L C A
F G R E E O P W I C P P M G B
L A S R S N D J P K I E W S O
O U B B T A S E C F V R F V T
Y I E O O H O P K S J L N G A
J D L A R O V N I G H T S A S
P D L R M T L X R T B O L K C
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SWALLOW
OBEY
OVERBOARD

SAILORS
CALM
NIGHTS

THREE
DAYS
BELLY

NINEVEH
STORM
FISH

SHIP
JONAH
SPIT